

The new EU Food Information Regulation

Matter	Current EU position	New EU position
Country of origin labelling	Only fruit and vegetables, beef, fish honey, olive oil and products that if origin was not stated would mislead the consumer	Extends current position to include all meat products
Nutrition labelling	Only required if making a nutritional claim	Required on all pre-packed food products on the back displaying nutrition info on energy, fat, saturates, carbohydrates, fat and salt
Font size	No minimum font size	Minimum font size of 1.2mm for x height, or 0.9mm where largest surface area is less than 80cm
Allergens	Required to be stated on the label of pre-packed foods	Required to be highlighted in the ingredients list Information on allergens must also be given on non-packaged foods
Imitation foods	Do not have to state on the label	Have to state on the front of the pack next to the brand in a minimum font size of 75% of the brand name
Vegetable oil	Do not have to state its origin	Have to state its origin (i.e.: rapeseed, corn, sunflower or palm)

For more information or advice, please contact:

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